



ECO-DRIVING REPORT CARD

1. I regularly check air pressure in my vehicle's tyres

Yes No

2. I get the engine oil changed on time

Yes No

3. I take my car for tuning on time

Yes No

4. I have a catalytic converter in my vehicle

Yes No

5. I avoid over-loading my vehicle

Yes No

6. I avoid over-speeding

Yes No

Score yourself according to the number of 'Yes'

5 - 6



3 - 4



1 - 2



Golden Rules of Eco-driving

5. Avoid unnecessary weight and over-loading



6. Use a Catalytic Converter in your vehicle to reduce harmful emissions



7. Avoid underinflated tyres and keep balanced air pressure in the tyres



ECO-DRIVING

Ensuring a Sustainable Future



Environment Friendly Driving is Our Responsibility

Do you know?

Transport sector is a major contributor to air pollution in Pakistan

Air pollution causes 135,000 deaths in Pakistan annually

Air pollution is a major cause of respiratory, cardiovascular and other diseases in Pakistan

Due to these reasons there is a dire need to make the sector environmentally friendly

The Government of Pakistan recently introduced Euro - V fuel + e-vehicle policy

You too can become a part of the change by practicing Eco-driving



What is Eco-driving?

The practice of driving in such a way that it minimizes fuel consumption and environmental pollution

Advantages of Eco-driving:

- You can save around 6 - 10% on fuel annually
- 5 - 15% reduction in traffic accidents annually
- Reduction in air pollution and emission of green house gases

Developed by Institute of Urbanism with the support of Friedrich Naumann Foundation for Freedom (FNF)

Golden Rules of Eco-driving

1. Avoid high speed as it increases fuel consumption and emission of harmful gases



2. In order to warm up the engine, instead of heating the engine in static position, start driving at a low speed for the first few minutes



3. Turn the ignition off at long stops to reduce fuel consumption



4. Maintain proper level of engine oil and change it on time

